

ManFood

Synopsis

ManFood is a collection of over 30 original food recipes by John Marinelli. The eBook format makes it easy to download and perfect for continual use. The recipes span breakfast, lunch and dinner. There are also seven suggestions on upgrading existing recipes.

Recipes include Omelets, Stir-Frys, Pot Lucks, Sandwiches, Cereals, Meat Combos, Casseroles, Fruit Salads, Chef Salads, Pasta, Fish, Pork, Pizza, Pot Pies, and lots more.

The eBook is filled with funny clipart images, some words of wisdom, an introduction and a brief bio on the author. All revenue made from the sales of ManFood benefits Have A Heart For Companion Animals, Inc., a 501 c-3 not for profit Corp.

This is the perfect gift for men of all ages and for all occasions. It is presented in such a way that printing and spiral binding can be done to make a printed copy. It is also the perfect discussion topic for the female food critic.